

Tips on Use of Contact Lens Solution

1. Always wash your hands properly with soap and water and dry them before handling your contact lenses, contact lens solutions or related accessories.
2. Follow the instruction of cleaning and disinfection procedures by your optometrists/ophthalmologists. Different types of lenses may require different types of contact lens solutions and different disinfection procedures.
3. Observe instructions of use and safety information.
4. Do not purchase and use the solution if the seal is broken or missing.
5. Always check the expiry date and use before it.
6. After opening, discard the solution after the specified period of use.
7. Rinse the contact lens with the solution before soaking the lens in the solution for at least the time specified.
8. Discard any used solution immediately after use. Do not re-use the solution.
9. Always keep the bottle cap tightly closed when not in use.
10. Store the contact lens solution at a clean, cool and dry place.
11. Keep the solution out of reach of children.
12. Do not use the solution if you are allergic to it.
13. Do not mix the solution with other fluids except as directed.

Health Advice

1. Regular check up by your optometrists/ophthalmologists.
2. Remove the contact lens whenever you feel discomfort or redness and seek medical advice promptly if symptoms persist despite contact lens is off.

Medical Device Control Office
Department of Health
March 2006